

# VR3 OVERHEAD PRESS TOTAL ACCESS

## FEATURES

**Locking plunger adjustment** Swing away seat with locking plunger adjustment allows easy access for wheelchair users and one-handed seat adjustment for users with limited mobility.

**Choice of upper and lower handle positions** caters to wheelchair users, shorter users and those with reduced balance.

**Counterbalanced input arm** with 2.5 kg start weight. This allows all users a light start weight for single arm (unilateral) use benefiting inexperienced and disabled users, including amputees and people who have had a stroke.

**Large type instructions** with clear fonts, including written and graphic instructions, to suit all users.

**Accessible weight stack** User accessible weight stack offers ease of weight selection from seated exercise position.

**Twist select weight stack** Weight stack with low start weight and integral three-position Twist Select systems offering 2.5 kg increments is suitable for inexperienced and older users.

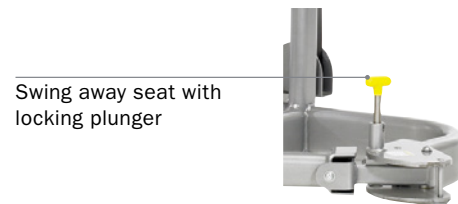
**Raised weight stack iconography** for visually impaired users to identify weight stack positions.

## SPECIFICATIONS

Product Number	14010
Dimensions L x W x H	64" x 59" x 64" (162 cm x 151 cm x 162 cm)
Standard Weight Stack	165 lbs (75 kg)
Heavy Weight Stack	205 lbs (93 kg)



Twist select



Swing away seat with locking plunger



Upper and lower handle positions



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